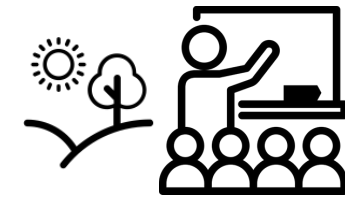


Monster Moods

FOCUS Understanding Emotions



KS1

KS2

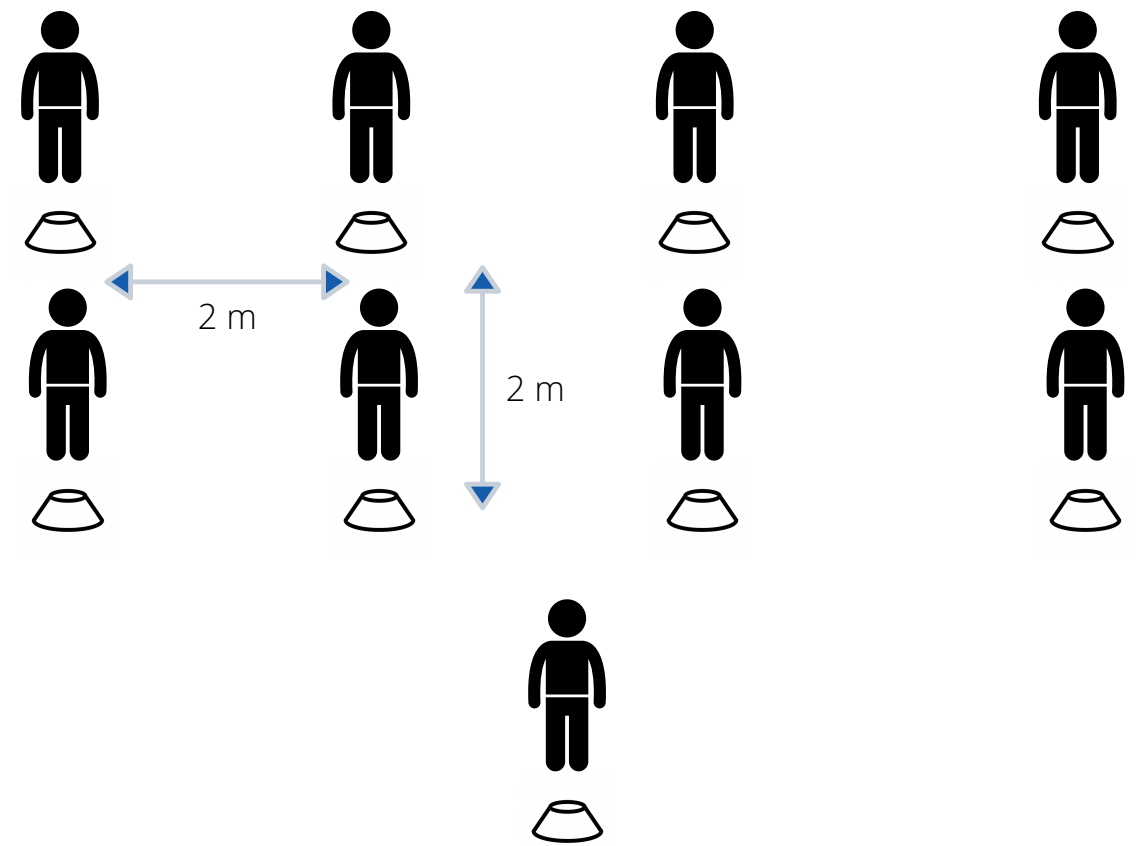
Get Ready

 Cones to mark places.

 Players spaced 2m apart.

 10+

 10mins.



How to Play

- We are exploring the different moods of a monster, to make a Monster Mood Mash!
- Ask everyone to think of a movement of a happy monster then angry monster/sad monster, nervous monster, excited monster, silly monster etc) choose 1 of the children's actions for each of the moods and have at least 5 moves.
- Ask everyone to make tiny tip toe runs on the spot. You call out the Monster Moods the children made up to create a Monster Mood Mash, using tip toes in between each call.
- Let everyone have a chance to get their move chosen.

Check

Does everyone remember the Monster Moves?
(I like to put 1 per finger so I remember)

Top Tips

- Join in with the monster moves to make it extra fun!!!
- Praise those showing the most effort.
- Who is showing their most expressive faces of the Monster Moods
- Choose moves that you think you can safely recreate.

EASY

Use moves that stay on the spot.

MEDIUM

Use moves with jumping and going on the floor.

HARD

Uses moves that can travel whilst keeping our 2m distance.