

Holiday Activity and Food Programme: Meal Ideas for Providers

Jacket potatoes with salad and:

- Beans
- Cheese
- Tuna
- Sweetcorn
- Coleslaw
- Egg mayo



Homemade pizzas (wrap, pitta, bread, homemade bases) with salad and:

- Sweetcorn
- Onions
- Peppers
- Ham
- Chicken
- Minced beef
- Tomatoes
- Cheese

Watch it [here](#):



Wholemeal pasta with:

- Bolognese (mince, lentils, peppers, onions, carrots)
- Chilli (mince, kidney beans, carrots, onions, peppers)
- Creamy chicken with peas
- Tuna, peas and sweetcorn
- Pesto, chicken, and peppers
- Meatballs (meat or veggie) with broccoli

Watch our chicken pasta video [here](#):



Build a burger:

- Wholemeal buns
- Salad and/or mixed veg
- Cooked onions
- Turkey burgers or bean burgers
- Homemade chips/wedges
- Homemade potato salad

Watch it [here](#):



Sausages with:

- Homemade mash (skin on) – try making with carrots or squash (add to boiling potatoes and mash together) or adding chopped spring onions
- Homemade chips/wedges
- Peas and sweetcorn
- Broccoli and cauliflower
- Carrots
- Gravy

Pasta bake (tomato sauce) with:

- Tuna and mixed veg
- Chicken and mixed veg
- Bacon/ham and mixed veg

Watch it [here](#):



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Fishcakes or fish burgers with:

- Homemade chips/wedges
- Boiled potatoes
- Mixed veg
- Salad
- Broccoli and cauliflower



Watch it [here](#):



Snacks and desserts:

- Yoghurts (low sugar)
- Fruit (whole fruit, fruit kebabs or fruit platter)
- Veggie sticks
- Tea cakes
- Malt loaf
- Popcorn (homemade)
- Rice pudding

Watch it [here](#):



Mac and Cheese with:

- Wholemeal pasta
- Broccoli and cauliflower (cooked in)
- Butternut squash (cooked in)
- Mixed veg (cooked in or side)
- Bacon or ham (cooked in)

