

England Hockey Schools Offer



ENGLAND
HOCKEY

England Hockey is committed to developing hockey in schools and has a range of support and opportunities available. A handy overview of what we offer can be found below, but if you want to get in touch please do not hesitate to contact your local England Hockey Relationship Manager, Barbara Reynolds on 07718 980517 or Barbara.reynolds@englandhockey.co.uk.

Delivering School Hockey

England Hockey have developed key products for primary and secondary schools to give guidance and aid delivery of hockey to different age groups and abilities.

Delivering Quicksticks: 7-11 year-olds



Quicksticks is a 4 a side introductory game of hockey, designed especially for 7-11 year olds to play. It can be played on any surface, and uses a larger, lighter and safer ball. The game is designed in a way that makes it easy for teachers and coaches to deliver, even if they have little or no prior knowledge of hockey.

Quicksticks is fun, fast, safe and exciting and has been designed so that teachers with little or no hockey knowledge or background can deliver the game.

Visit www.playquicksticks.co.uk for all the information you need to enjoy Quicksticks including the rules, what equipment packages are on offer, how Quicksticks resources can aid delivery, teacher training, and everything you need to organise a Quicksticks festival!

Delivering In2Hockey: 10-14 year-olds



In2Hockey is a fun, exciting and dynamic game designed for 10 to 14 year olds to help them develop their hockey skills and techniques, and to provide a gradual progression into the 11-a-side version of the game.

In2Hockey also offers a 6 a side version of the game to help bridge the gap from Quicksticks (which is 4 a side), and to make it easier for schools or emerging clubs to deliver a less complex version of the game without goalkeepers. The 6 a side game is played without goalkeepers, with simpler penalty corners and amended penalty strokes, and it can be more flexible in terms of the surface it is played on.

England Hockey Schools Offer

Extra resources and training are also available to help with the introduction of goalkeepers and with understanding the rules / umpiring, to aid the transition through to 7 a side.

Visit www.in2hockey.englandhockey.co.uk for full information.

Delivering to 14-16 year-olds

Between the ages of 14-16, the ability and experience levels of players can vary greatly depending on whether or not they have played hockey before, and if so, what their level of experience is. Therefore a range of different delivery options are available to suit the age and ability levels of the group you're delivering to:

Beginner to Intermediate

For a group of inexperienced group of players, it is recommended you use the **In2Hockey** resources and support materials as this format would be suitable for players aged 14-16 if they are beginners, or have limited hockey experience.



If your students just want to play games, **Rush Hockey** more is for you. It is small side and can be played indoors or outdoors. Schools love playing Rush Hockey at lunchtime or after school because it is simple to set up and play. The bigger, lighter ball is easier to control and smaller goals mean there is no need for goalkeepers.

Rush Hockey is made up of a few simple rules which are easy to pick up and aims to get people playing quickly.

Intermediate to Advanced

Information from the GB Coaching Club Programmes 'Coaching for Club Players', 'Integrating Goalkeepers' AND 'Coaching for Talent' workshops will assist coaches by using player centred game examples to bring match play scenarios to life on a regular basis.

England Hockey Schools Offer

Free England Hockey Schools Membership

Interested in finding out more about hockey on a regular basis? Join the free England Hockey Schools Membership scheme and keep up-to-date with the latest news on all things hockey, including Quicksticks, In2Hockey, School Games, competitions, exclusive offers and much more.

Click [here](#) to become a member now.

Teacher Training

There are a range of teacher training opportunities available from free workshops for those new to the game to the Hockey Hub as an online resource and our coaching pathway.

Free Teacher Training Workshops

England Hockey are offering free teacher training workshops at a location near you!

They are aimed specifically at those with little or no hockey delivery experience or those who want to increase their confidence in delivering hockey. We have courses to suit both primary and secondary schools. We will soon be announcing the dates and locations for the workshops taking place in the 17/18 academic year.

To register your interest and be the first to hear when workshops are announced sign up [here](#).

Hockey Hub

The Hockey Hub is your free one-stop shop, packed full of useful resources for teachers, coaches and umpires. Whether you work with beginners or young talented players, there is relevant content available to suit your needs. You can watch bite-sized video or download activity cards to take to your sessions. You can access all of this great content [here](#).

England Hockey Schools Offer

England Hockey Coaching Courses

If you are a teacher delivering within curriculum or extra-curriculum time and want to develop your coaching skills further, we have a number of Coaching Workshops to give you the support, knowledge and confidence to help you deliver fun and engaging sessions. Click [here](#) to for full details of our coaching pathway and guidance of when workshops are best for you. Alternatively to see an overview of the workshops click the appropriate heading below:

- [Engaging Games for Children](#) - suitable for those working with primary children
- [Coaching for Club Players](#) - suitable for those working with secondary children
- [Introduction to Hockey Coaching Workshop](#) - gain confidence and support to ensure that the sessions you take are safe, suitable and inspiring for the players you coach
- [Integrating Goalkeepers](#) - helpful if you have 'keepers as part of your sessions

Club-School Links

A club-school link is an agreement between a school and a club to work together and develop the very best level of quality and opportunity for young people to play hockey within their local area. By stimulating interest in the sport through good experiences at school and then providing a seamless pathway for the participation to continue and develop further within a local club, we aim to ensure that young people can get the very most out of hockey and begin a lifelong involvement in the game.

How could your school benefit from a link with a local hockey club?

- Increased opportunities for your pupils
- Raise the school's profile in the community
- Share facilities and equipment
- Access expert coaches delivering in school to work with teachers
- Deliver Out of School Hours Club
- Healthier & more physically active pupils – improving standards across the school
- Increase awareness of exit routes for players, coaches and volunteers
- Access CPD for teachers – training courses & more ideas by working with quality clubs and coaches

England Hockey Schools Offer

TeamUp



Three sports.
Three World Cups.
One inspiring vision.

We are in a unique moment in time for women's sport. Between 2017 and 2019 England have hosted and will be hosting three consecutive women's World Cups. As a result the England and Wales Cricket Board (ECB), England Hockey and England Netball have launched TeamUp, a three year campaign to maximise the legacy of the World Cups and build a broader fan base for women's team sports.

Schools play a large part in girls' early experiences of team sports, therefore supporting schools and teachers seems a great way to ensure there is a positive and lasting legacy for the three women's World Cups. Visit www.teamupengland.com to access useful resources for delivery, information about training opportunities and engage with an exciting TeamUp rewards scheme giving you a chance to earn some great prizes!

Leadership Award

The England Hockey Leadership Award aims to provide a suite of leadership content and training for leaders aged 13 years or older and is split into two awards covering leadership within the games of Quicksticks and In2Hockey. Each Award covers the following and is delivered via a course of online videos with supporting downloads which are available for FREE via the Hockey Hub which you can access [here](#).

- Introduction to leadership
- Overview of the game
- Delivering
- Umpiring
- Organising a festival
- Managing a team (Bolt-on module)

Leadership courses can be delivered by teachers, coaches or anyone with good hockey knowledge. Deliverers need to familiarise themselves with the course and follow the suggested course guidance for each Award.

Quickflicks



Quickflicks is a series of hockey-based educational challenges. The collection of visual resources helps teachers to deliver a range of primary curriculum subjects in a fun and engaging way. From calculating the number of Quicksticks hockey sticks that can be placed around the perimeter of a hockey pitch to measuring the force of different sporting objects, the challenges are brought to life by the use of videos and images, alongside downloadable cards.

www.playquicksticks.co.uk/for-schools/quickflicks