

# Somerset Health Walks Schedule

## Wiveliscombe Beginner Health Walk

### At the Recreation Ground



Every Wednesday at 10:30am

Meet outside Wiveliscombe Rugby Club for a walk around the Recreation Ground (Wivey Rec) TA4 2TA

Beginner Walk: Under 1 mile, flat and even ground, no stiles, gentle pace and frequent stops, Ideal for those new to walking or living with health conditions that impact fitness or mobility.



Accessible Walk

Assistance dogs only

Option for refreshments after.

Parking and toilets

**Contact: [valeria@wiveycares.net](mailto:valeria@wiveycares.net)  
07733 183825**

Please register to access any FREE Somerset Health Walk across county [www.sasp.co.uk/forms/view/health-walks-registration-form](http://www.sasp.co.uk/forms/view/health-walks-registration-form) or ask your walk leader for a form.

Somerset Health Walks may be cancelled due to Health Walk Leader availability or adverse weather. If you are unsure please contact your Health Walk Leader

**For more information on any of the walks please contact  
Health Walks Co-ordinator Georgina Hainsby on:**

 07599654679

 [www.sasp.co.uk/health-walks](http://www.sasp.co.uk/health-walks)

 [walks@sasp.co.uk](mailto:walks@sasp.co.uk)

 **SomersetHealthWalks**

*Interested in leading a walk?  
You can also become a volunteer  
health walk leader.*

## **Wiveliscombe** Beginner Health Walk

Scan here for more  
information!

