



### **GDPR STATEMENT:**

SASP and The Beach Wellness's legal obligation is to retain information of our customers through this PAR-Q for the sole purpose of providing information and continued exercise provision through any of our provided services. Upon completion of your Registration and PAR-Q (Physical Activity Readiness Questionnaire) through website, all electronic files/records and information therein may be stored for as long as the customer remains a customer of The Beach Wellness; and thereafter for a period of up to 5 years of inactivity, under our statutory requirement. Information will be held electronically in files accessible only by SASP and Beach Wellness staff, who are directly involved in customer care or data entry processing of customer records.

All information provided will be treated as confidential and will not be given to any other person(s)/organisations(s) without written consent of the customer concerned. Please also note that it is your right to withdraw your consent/opt out at any time. You have a right to request a copy of the personal data that SASP and The Beach Wellness holds about you at any time. If you wish to do so, please email [enquiries@sasp.co.uk](mailto:enquiries@sasp.co.uk). For further information about what data we collect, why it is collected and what we do with it, please see our full privacy policy at [www.sasp.co.uk/privacy-policy](http://www.sasp.co.uk/privacy-policy)