



## GDPR Statement:

SASP delivers community-based health and exercise programmes in partnership with Primary Care Networks (PCNs), GP surgeries, and other healthcare professionals.

As part of this service, we collect and process personal data, including health-related information provided through the PAR-Q (Physical Activity Readiness Questionnaire) and referral information from healthcare professionals. This information is used to assess suitability for participation and to deliver safe and effective exercise interventions.

We process this data in accordance with UK GDPR under the following lawful bases:

- Article 6(1)(e) – performance of a task in the public interest (where services are delivered in partnership with NHS organisations), and/or Article 6(1)(f) – legitimate interests
- Article 9(2)(h) – provision of health or social care (for processing health data)

Where appropriate, we may also rely on your explicit consent, which you have the right to withdraw at any time.

Your information may be shared securely with relevant healthcare professionals involved in your care, including GP surgeries and Primary Care Networks, for the purposes of referral management, service delivery, and continuity of care. We may also share data with trusted third-party service providers (such as secure IT systems) where necessary to deliver our services.

All data is stored securely in electronic systems and is accessible only to authorised SASP staff involved in programme delivery, administration, or patient care. Appropriate technical and organisational measures are in place to protect your data.

Your data will be retained for as long as you are actively participating in our services, and for a period of up to 5 years following inactivity, in line with contractual, clinical governance, and insurance requirements.

You have the right to:

- Access the personal data we hold about you
- Request correction of inaccurate or incomplete data
- Request erasure of your data where applicable
- Restrict or object to processing
- Withdraw consent where consent is relied upon
- Lodge a complaint with the Information Commissioner's Office (ICO)

To exercise your rights or request a copy of your data, please contact us at [enquiries@sasp.co.uk](mailto:enquiries@sasp.co.uk).

For further details, please refer to our full Privacy Policy at [www.sasp.co.uk](http://www.sasp.co.uk).