

# Welcome to Somerset Health Walks

## Our Vision:

*'For everyone to have access to a free, friendly group walk within easy reach of where they live to become and stay active.'*



## Somerset Health Walks Code Of Conduct

- Please listen to information and guidance from your walk leader and follow instructions given in the pre walk briefing and during the walk.
- Walk Leaders are within their rights to ask you not to attend a walk if you are likely to be a risk to yourself or others.
- Always tell the walk leader before leaving the group.
- Be mindful of how you communicate and what you share and remain respectful, inclusive and patient at all times.
- Smoking and vaping is not permitted on Somerset Health Walks.

## Safeguarding

*Somerset Activity & Sports Partnership (SASP) is committed to providing safe, enjoyable activities and sporting opportunities for all.*

*Your safety and well-being are very important to us. If any part of the walk or sessions make you feel uncomfortable, or if you have concerns about your safety or the safety of others, please speak to the Walk Leader, or contact the SASP Safeguarding team at [safeguarding@sasp.co.uk](mailto:safeguarding@sasp.co.uk) 01823 653990. We are committed to providing a safe and supportive environment for everyone.*