

# Somerset Health Walks Schedule

## Taunton Vivary Park

### Beginner Health Walk



Fortnightly on a Tuesday

Meet at 11am War Memorial Vivary Park TA1 3QF

Beginner Walk: Under 1 mile, flat and even ground, no stiles, gentle pace and frequent stops. Ideal for those new to walking or living with health conditions that impact fitness or mobility.



Accessible Walk

Assistance dogs only

Parking available in town and toilets on route

Option for paid refreshments after the walk at a local cafe

**03/03/2026, 17/03/2026, 31/03/2026, 14/04/2026,  
28/04/2026, 12/04/2026, 26/04/2026, 09/06/2026,  
23/06/2026, 07/07/2026, 21/07/2026, 04/08/2026,  
18/08/2026, 01/09/2026, 15/09/2026, 29/09/2026**

Please register to access any Somerset Health Walk across county  
[www.sasp.co.uk/forms/view/shwregistration2025](http://www.sasp.co.uk/forms/view/shwregistration2025)

Somerset Health Walks may be cancelled due to Health Walk Leader availability or adverse weather. If you are unsure please contact your Health Walk Leader or [walks@sasp.co.uk](mailto:walks@sasp.co.uk)

**For more information on any of the walks please contact  
Health Walks Co-ordinator Georgina Hainsby on:**

 07599654679

 [www.sasp.co.uk/health-walks](http://www.sasp.co.uk/health-walks)

 [walks@sasp.co.uk](mailto:walks@sasp.co.uk)

 **SomersetHealthWalks**

*Interested in leading a walk?  
You can also become a volunteer  
health walk leader.*

## **Taunton Vivary Park** Beginner Health Walk

Scan here for more  
information!

