

Somerset Health Walks Schedule

Wellington

February - March 2026



Our FREE health walks are walks done on a regular basis, ranging from: beginner, gentle, moderate to advanced. Walks are for all abilities and ages.

Which walk is suitable for me?

Beginner Walks: Under 1 mile, flat and even ground, no stiles, gentle pace and frequent stops, Ideal for those new to walking or living with health conditions that impact fitness or mobility.

Level 1: 1 - 1.5 miles, flat or gentle slopes, no stiles and ideal for those able to complete 30-40 mins with minimal stops.

Level 2: 2 - 2.5 miles, tracks and some hills or moderate pace. Ideal for those looking to develop their walking fitness and able to complete 45-60 mins with minimal stops.

Level 3: 3-4 miles, fields and hills, quicker pace and possible stiles. Intermediate walks, ideal for those with good walking fitness and able to complete 60-90mins with minimal stops.

Level 4: 3-5 miles, fields and steep hills, quicker pace and stiles. Advanced walks, ideal for those with very good mobility and fitness and able to complete 90mins + with minimal stops.

Where dogs are permitted they must remain on a short lead at all times. It is the dog owners responsibility to pick up after their dog.

Please register to access any **Somerset Health Walk** across county
www.sasp.co.uk/forms/view/shwregistration2025

Somerset Health Walks may be cancelled due to Health Walk Leader availability or adverse weather. If you are unsure please contact your Health Walk Leader or walks@sasp.co.uk.

Walk Details Key



Toilets Available



Accessible Walk



Dogs are permitted and must remain on a short lead at all times.



Parking Available: this could be street parking or a car park nearby, please contact the Walk Leader for more information.



Suitable for buggies



Option for Paid Refreshments

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 2nd April 2026 10:30am</p>	<p>Wellington Sports Centre TA21 8LL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p> <p>Dogs are not allowed in the bowling club</p>	<p>Level 1 / Level 3</p> 
<p>Monday 6th April 2026 10.30am</p>	<p>Willowbrook Garden Centre West Buckland Rd West Buckland TA21 9HX</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 9th April 2026 10:30am</p>	<p>Outside Rockwell Green Christian Centre TA21 9BZ</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 13th April 2026 10.30am</p>	<p>Wellington Park TA21 8ND</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 16th April 2026 10.30am</p>	<p>Beambridge Inn Samford Arundel TA21 0HB</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Inn</p>	<p>Level 1 / Level 3</p> 
<p>Monday 20th April 2026 10.30am</p>	<p>Tonedale Millstream Gardens TA21 0AA</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 23rd April 2026 10.30am</p>	<p>South Street Car Park TA21 8PW</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Iron Duke</p>	<p>Level 1 / Level 3</p> 
<p>Monday 27th April 2026 10.30am</p>	<p>Wellington Sports Centre TA21 8LL</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the bowling club</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 30th April 2026 10.30am</p>	<p>Langford Budville Village Hall TA21 0RL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 4th May 2026 10.30am</p>	<p>Beambridge Inn Samford Arundel TA21 0HB</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Inn</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 7th May 2026 10.30am</p>	<p>South Street Car Park TA21 8PW</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Iron Duke</p>	<p>Level 1 / Level 3</p> 
<p>Monday 11th May 2026 10.30am</p>	<p>Longforth Farm Estate TA21 8FQ</p> <p>at the junction of Lillebonne Way and Thomas Place</p> <p>Accessible and beginner walks available, please speak to the walk leader.</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 14th May 2026 10.30am</p>	<p>Outside Rockwell Green Christian Centre TA21 9BZ</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 18th May 2026 10.30am</p>	<p>Tonedale Millstream Gardens TA21 0AA</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 21th May 2026 10.30am</p>	<p>Langford Budville Village Hall TA21 0RL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 25th May 2026 10.30am</p>	<p>Langford Budville Village Hall TA21 0RL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 28th May 2026 10.30am</p>	<p>Wellington Sports Centre TA21 8LL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p> <p>Dogs are not allowed in the bowling club</p>	<p>Level 1 / Level 3</p> 
<p>Monday 1st June 2026 10.30am</p>	<p>Beambridge Inn Samford Arundel TA21 0HB</p> <p>Accessible and beginner walks available, please speak to the walk leader</p> <p>Dogs are not allowed in the Inn</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 4th June 2026 10.30am</p>	<p>Longforth Farm Estate TA21 8FQ</p> <p>at the junction of Lillebonne Way and Thomas Place</p> <p>Accessible and beginner walks available, please speak to the walk leader.</p>	<p>Level 1 / Level 3</p> 
<p>Monday 8th June 2026 10.30am</p>	<p>Outside Rockwell Green Christian Centre TA21 9BZ</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 11th June 2026 10.30am</p>	<p>Langford Budville Village Hall TA21 0RL</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 15th June 2026 10.30am</p>	<p>South Street Car Park TA21 8PW</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Iron Duke</p>	<p>Level 1 / Level 3</p> 
<p>Thursday 18th June 2026 10.30am</p>	<p>Tonedale Millstream Gardens TA21 0AA</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 
<p>Monday 22nd June 2026 10.30am</p>	<p>Wellington Park TA21 8ND</p> <p>Accessible and beginner walks available, please speak to the walk leader</p>	<p>Level 1 / Level 3</p> 

Day/Time	Meeting place	Walk Level / Information
<p>Thursday 25th June 2026 10.30am</p>	<p>Wellington Sports Centre TA21 8LL</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the bowling club</p>	<p>Level 1 / Level 3</p> 
<p>Monday 29th June 2026 10.30am</p>	<p>Beambridge Inn Samford Arundel TA21 0HB</p> <p>Accessible and beginner walks available, please speak to the walk leader Dogs are not allowed in the Inn</p>	<p>Level 1 / Level 3</p> 

**For more information on any of the walks please contact
Health Walks Co-ordinator Georgina Hainsby on:**

 07599654679

 www.sasp.co.uk/health-walks

 walks@sasp.co.uk

 **SomersetHealthWalks**

*Interested in leading a walk?
You can also become a volunteer
health walk leader*

Wellington Health Walks

Scan here for more information!

