



Learn to Swim THE

SWIM SCHOOL

At Quantock Lodge, Over Stowey
Weekdays - Term time - 3.50pm - 6.00pm

SWIMMING LESSONS AT QUANTOCK LODGE

Following recent positive negotiations with Quantock Lodge Leisure, Somerset Activity and Sports Partnership (SASP), together with Bridgwater Swimming Club will launch a new programme of children's swimming lessons at Quantock Lodge Pool in September.

From September 14th, **The Swim School** will offer a full range of after school lessons to non swimmers, beginners and improvers. Lessons will help build water confidence, develop aquatic skills and improve swimming stroke skills. Badges and Awards from the new ASA National Plan for Teaching Swimming will also be offered.

Children will experience a safe friendly aquatic learning environment in small classes (6-8) led by qualified and experienced SASP swimming teachers.

HOW TO BOOK.

To book for 6 weeks, week commencing 14 Sept - 19th Oct inclusive, please fill in the booking form below and return it to; **THE SWIM SCHOOL (QUANTOCK)**, Hestercombe House, Cheddon Fitzpaine, Taunton, TA2 8LG with a cheque for £25.80 per (payable SASP)

Telephone enquiries will only be possible from AUGUST 24th following which; all successful applicants will receive confirmation and information about classes.



Please book: my son/daughter (Print)

Into QUANTOCK: Bubbles; Stages 1 & 2(Non Swimmer – 5m Unaided), **Splashes;** Stages 3 & 4 (5m – 10m Unaided), **Minnows;** Stage 5 (10m – 20m Unaided), **Catfish;** Stage 6 (20m – 50m Unaided) **Dolphins;** Stage 7 (50m plus Unaided)

Preferred Time: Bubbles, Splashes & Minnows; 3.50 – 4.20pm or 4.20 – 4.50pm.
Catfish & Dolphins 5.00 – 5.30pm or 5.30 – 6pm

Preferred Day or Days: Monday, Tuesday, Wednesday, Thursday, Friday. **You can book more than one session per week**

Parent/Guardian (Print)

Address (Print)

Tel Email

SASP Swimming Development Team